

# School-Linked Mental Health Program - SLMH

**School-Linked Mental Health Program - SLMH** provides mental health services in many school districts across the state of MN. SLMH Programs connect mental health services with schools and students.

Lighthouse works collaboratively with the school and other agencies to assist children and families with mental health needs. These services are offered year round and provide mental health services through an individualized system of service provision, including: assessment and treatment, teacher consultation, care coordination, school staff presentations, and school wide trainings.

## Goals and Outcomes:

- Improve Identification of Mental Health Issues in Students
- Strengthen School Partnerships
- Increase Accessibility to Mental Health Services
- Improve Students' Functioning in School, at Home, and in the Community.

**This program is appropriate for children ages 0-21 who are enrolled in a school below and experiencing difficulties with any of the following:**

Depression	Anxiety	Avoiding Social Situations
Grief and Loss Issues	Low Self-esteem	Self-Injurious Behaviors
Emotional Problems	Behavioral Problems	Aggressive Outbursts
Frequent Outbursts	Trouble with Concentration	Attachment Issues

## What We Do

After a referral is made and received by Lighthouse, a qualified mental health provider will complete a diagnostic assessment, or review current assessments and provide recommendations. Recommendations may include ongoing therapy, skills training or referrals to other appropriate mental health services. The mental health provider will then meet with the student and family to develop an Individualized Treatment Plan aimed at addressing the student and family's concerns. Services are provided in the school, in the home or another appropriate location. This program is sponsored by the Minnesota Department of Human Services.

**Contact Us** for more information about School-Linked Mental Health Services, or to make a referral, please contact your school counselor or social worker. Services are provided in the following schools:

- Milaca School District
- Ogilvie School District
- Mora School District
- Onamia School District
- Rum River North, South & East Education Programs

- Isle School District
- Onamia School District
- Braham School District
- Cambridge Isanti School District
- Princeton North & South Elementary

*Lighthouse*  
Child & Family Services

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